Sunday, September 29, 2019 at 1:00 pm Double Tree Midlothian Virginia

MINUTES

- 1. Call to Order The meeting was called to order at 1:02 pm.
- 2. Minutes from April 2019, House of Delegates meeting

 The motion to approve the minutes was voted on and approved.
- 3. Recognition of Volunteers
 - a. Jessica, Ashby, David, Peter, Gordon, Dan, Terry, and Kevin finished their terms on the VSI BoD
 - b. Bob Rustin Phillips 66 Outstanding Service Award
 - c. Mary Turner finished her term on the USA-S BoD
- 4. Treasurer's Report Bob Rustin

The motion to approve the Treasurer's Report was voted on and approved.

- o Bob Rustin report that the finances of the LSC are healthy. The revenue for the last year was on budget. Championship meet revenue was not included in the budget as written in April 2018. There was a small profit on the Zone meet and the Senior Champs meet. The awards banquet line item is zero because the event did not occur in the fiscal year. Travel reimbursements were over again. Juniors were the most popular for travel meet for reimbursement. The Zone team was budgeted for 100 swimmers, but we had 77 swimmers. The revenue was lower and the expenses were a little higher. We paid more in helping the team because the team was smaller.
- 5. Executive Director's Report Mary Turner
 - Coaches should be aware of changes to requirements on January 1, 2020. Concussion Protocol Training (CPT) and Coaches Advantage Training (CAT) are required after January 1. Get the certificates to the office. Coaches Advantage Training renews for one year from the date taken. The Athlete Protection Training (APT) is also expiring 12 months from the day you took it. Remember to go to the end of the course and complete the survey so the course will match to the account. An automatic email is sent when the course is completed.
 - The business office no longer sends membership cards.
 - Clubs who host meets must send a representative to the meet director's workshop within the last two years.
 - Non Athlete Registration form sent earlier in the year had a typo. The form has been corrected and posted on the website.
 - Please send in the Registration Summary Form with checks. If you use the online payment system, the form is preferred but not mandatory because PayPal will break down the payment.

Virginia Swimming creates opportunity and promotes sportsmanship in the pursuit of personal excellence.

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- Swimposium 2020 will be sponsored by USA Swimming and will occur September 11-13, 2020. There will be components for officials, parents, coaches and athlete clinic.
- Virginia Swimming will host the following Zone meets for 2020
 - SC Super Sectional meet Christiansburg
 - LC Super Sectional meet CSAC in Richmond
 - LC Zone Meet Liberty
- 6. Age Group Season Highlights & Committee Report Drew Hirth
 - The 2020 LC Age Zone meet will be a 14 and under meet. The committee recommends to the Zone a 11-14 prelims/finals and 10 and under timed finals format. The committee voted to change the number of required qualifying times from four to three. The registration date for 2020 Zones is now week later because 15 and overs are no longer in the meet. The Women's Zone Team finished in fifth place. The Men's Zone Team finished in sixth place.
 - The motion to change the reduce the number of qualified events for Zones from four to three was approved.
 - The committee is looking at moving one of the relays from Saturday to Sunday to make Saturday shorter for Age Group Champs.
- 7. Senior Season Highlights & Committee Report Steve Hennessey
 - At the Senior Committee meeting, the new committee members were introduced. The committee is still looking for an additional representative from the North district.
 - The committee reviewed Swimmer of the Year selection procedures.
 There was no negative feedback. The committee used Hytek Power Points instead of USA Swimming Power Points.
 - Senior Champs:
 - The committee considered increasing the event limit for Senior Champs from six to seven events. The proposal did not carry in committee.
 - Qualifying times from bonus events were removed. Bonus events are only for events 200 or shorter. The bonus swim structure was revamped as follows: 1 qualifying time, 2 bonus swims. 2-5 qualifying times, 1 bonus swim. Swimmers cannot swim more than 6 individual events. Bonus swims must be 200 yards/meters or shorter. If a swim has the QT in the 800/1000 or the 1500/1650, the swimmer is qualified to swim each distance. This is not considered a bonus swim.
 - The committee is looking to rotate events, but they need make sure they do not affect timelines.
 - They will maintain the four heat concept for the meet so there are more opportunities for 15-16 year olds.
 - The committee would like to develop a Senior Circuit for the next season.
 They will review questions of format, when, and the goal of meet.
 Support is needed from teams for the meets in order for them to happen.

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- The committee will develop one day events for Senior swimmers for practice, information sharing across the LSC.
- The committee reviewed information from the 2019 Convention. There are currently Olympic Trials 1100 qualifiers. USA Swimming is considering flighting prelims for the first two days of trials. For the next Quad, there will be a short course/long course time trial.
- The committee will send information to Jill to add trials qualifiers to website.
- 8. 2019 Long Course Zones Report Maureen Tolliver
 - The new deadline for applying to the meet will be a week later now that
 15 and overs are no longer in the meet.
- 2019-2020 Meet Schedule & Technical Planning Report Jessica Simons no report
- 10. Other Committee and Officer Reports:

Athletes - Maddie Wallin

- The Scholarship Task Force will be comprised of one coach, two adults and two athletes. The application will go out as soon as possible. Winners will be announced at Short Course Senior Champs. There will be two winners at \$3000 each.
- There will be a one day Leadership Summit tied to the athlete clinic in 2020.
- The committee would like more athletes to become involved in the committee. They will use social media to promote. Athletes not on a committee should join any VSI committee
- The athlete committee would like to have T-shirt design contest for the VSI Championship meets in 2020.

Coaches - Mike Salpeter

- The committee needs an athlete to join the committee.
- There will be USA Swimming Regional Coach Clinic in Virginia in 2020.
- Richard Hunter (TIDE) and Alex Rayle (CYAC) were selected by their peers as Coaches of the Year and recognized at the Awards Celebration.
- Jeff Kincaid and Alex Rayle will attend the Coach Leadership meeting.
- Mentorship for coaches is returning under the coaches committee.
- Newsletter will go out to coaches soon.

Disability – Report posted on the website

Diversity – Peter Maloney

There will be a Diversity Camp in April/May in Fredericksburg.

Membership/Registration – Mary Turner

Flex did very well in LSC.

Records - Jessica Simons

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- Discussed residency requirement for setting LSC records in Age Group Committee.
- Records have been updated.

Safe Sport - Maureen Tolliver

- MAAPP policies cannot be modified. Waivers cannot be created. The policies must be adhered to.
- Check in with Maureen if there are questions about the Safe Sport Club Recognition. A sign-in list for parent and athlete participation can be used to get some of the requirements completed.
- Every club needs to have a Safe Sport representative.

Officials – given by Bryan Wallin

- Swimposium was held on September 28.
- Announced volunteers of the year
 - o Erica DeVito (CYAC) Southwest District
 - o Glenn West (NOVA) Central District
 - David Hillary (TIDE) Southeast District
 - o Bill Fairfax (RAYS) Northern District
 - o Michael Hall (QSTS) Volunteer of the Year

Operational Risk- no report

Open Water - Stephanie Suhling

- Three athletes have been added to the committee.
- Open Water Zone Meet awarded to Connecticut on June 27.
- There will be an Open Water meet in Christiansburg on June 27. This meet will serve as the Open Water State Championship.
- There is money to help from the Zone to host a meet. The bid is still open for 2020 through November 1. TIDE is interested in hosting.

Webmaster/Equipment - Jill Rhyne

- Getting out equipment business.
- Webmaster position will be open for bid later this year. It expires September 1, 2020.
- Please submit comments or critique to John Stanley or Mary Turner.
- Send Jill updates to pages on the website. She will update only with information sent.

11. Unfinished Business - none

12.New Business

- Proposed Changes to the Policies and Procedures Kevin Hogan
 - o Bryan presented the thirteen policies and procedures up for vote.
 - Mary asked to have Section 47 pulled for consideration and discussed.
 - Motion to approve the policies and procedures was approved.
 - Section 47 Mary is concerned with the meet announcement language. She proposed removing the first sentence – "any

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athlete sustaining a concussion shall be immediately reported to
the meet referee." Keep the second sentence as it is what state
law requires for high schools. Concerned the first statement could
open up the LSC to liability.

- Motion to strike the sentence was given and seconded.
 - After discussion, the amendment passed.
 - Modified language for 47.7 was proposed. "An athlete suspected of sustaining a concussion or exhibiting signs of a concussion will immediately be removed from the competition and shall not return to competition that day. The athlete may return to competition on a subsequent day but only with a release authorization signed by a licensed healthcare provider." Amendment approved.
 - Motion to approve the amended Section 47 was approved.
- VSI Endowment John Stanley
 - o A task force created a year ago. Seeking input from delegates.
 - The fund will focus on athlete activities scholarships, camps, zones, etc.
 - Committee will meet again in October and present to the board in February and will go for vote at April HOD.

13.Announcements

- Hall of Fame Bill Geiszler
 - First inductees are Jeff Rouse, Whitney Hedgepeth, Diane Cayce, Dudley Duncan, Louise Limerick, Walter Smith. The inductees are listed on the Hall of Fame web page. There are plans are in the works to formally recognize the Hall of Fame

14.Adjournment

The meeting was adjourned at 2:13 pm.